Annual Report 2016-2017

Ability New Brunswick/Capacité Nouveau-Brunswick Inc.

September 2017

Board of Directors 2016-2017

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Letter from the President

Ability NB has had another very successful year with expanding and evolving services designed to meet the needs of the growing population of New Brunswickers with a mobility disability. We celebrated our 60th anniversary this year and I am truly honoured and humbled to serve as the president for such an accomplished organization and for such a dedicated group of staff and volunteers. The standard of comprehensive care provided to our service participants continues to be high as we strive to improve the lives of more New Brunswickers living with a mobility disability.

Over the past year, the organization secured funding for the Para NB program for the remainder of the 2016-2017 year and the full 2017-2018 year. We were also successful in obtaining the contract for delivering the NB Vehicle Retrofit Program. Additional administrative funding was secured with this program and allowed us to hire a new administrative professional and reclassify Cindy's position to that of office manager, better reflecting the roles and responsibilities of her position.

The organization held a number of successful fundraising events and the team was successful in balancing the budget this year and in recruiting and retaining staff although staff turnover does continue to be a challenge.

Ability NB is an organization that works with all levels of government and that others turn to when looking at developing policies and enhancing opportunities for people with a mobility related disability. Our reputation and our expertise are valued and respected and we are able to have an impact on the lives of people in this province living with a mobility disability.

Thank you for this opportunity to serve as the president of this exceptional organization.

Sincerely,

Divian Hoyt Halles

Gillian Hoyt-Hallett

President

Influencing Public Policy

Engagement in public policy has essential health, social and economic impact for persons with a mobility disability. In 2016-2017, Ability NB:

- Met with the Department of Health, re: medical assistance in dying (MAID). Developed and submitted a letter to the Minister of Health re: our position on MAID.
- Developed and submitted a series of policy recommendations to the Wellness Strategy (Social Development) re: parallel sport and recreation, accessible facilities and adapted cooking programs.
- Participated in the NB Council on Aging Stakeholders Summit to provide input into the aging plan.
- Participated in a focus group on the Horizon Health Network Aging and Eldercare Centre of Expertise.
- Met with the City of Fredericton Transit Division Manager to review and provide input into the new parallel transit (Dial-A-Bus) policies developed as a result of the Lean Six Sigma initiative.
- Developed and submitted a response to a request for input into a review of the Infirm Person's Act.
- Participated in a consultation with the Premier's Council on the Status of Disabled Persons (PCSDP) on the development of a Service Animals Act for New Brunswick.
- Participated in a consultation with the Department of Post-Secondary Education, Training & Labour (DPETL) on the Canada-New Brunswick Labour market agreements.
- Participated in a consultation on a new City of Fredericton parking plan.
- Met with the Minister of DPETL to discuss our Transition NB Program, the Student Employment Experience Program (SEED) including the potential establishment of designated numbers of placements for students with a disability in the SEED program.
- Met with the Minister of Education & Early Childhood Development (EECD) to discuss our Transition NB program, and our parallel sport and recreation in schools initiative.
- Completed the NB Housing stakeholder strategy survey to inform the provincial housing strategy.
- Participated in the NB stakeholder forum on housing to inform the provincial and federal housing strategies.
- Participated in the Accessible Canada Legislation in-person consultation with the Federal government.
- Participated in the Education & Early Childhood Development stakeholder summit on personalization to inform the implementation of the 10-year education plan.
- Met with the Minister of Social Development Minister responsible for seniors and long-term care, to discuss our partnership in the delivery of services to seniors and our vision for an Accessible NB consultation service that would include a focus on age friendly communities.
- Participated in a consultation with the City of Fredericton re: the proposed accessible route plan.
- Participated in the provincial consultation for the Rural & Urban Transportation strategy.



- Met with the EECD Coordinator, Diversity & Respect with Education Support Services at the Department of Education & Early Childhood Development. Discussed the development of a provincial departmental policy on transition and the Transition NB program.
- Developed and submitted a letter to the Mayor of Fredericton as part of the budget process re: accessible transportation concerns in Fredericton.
- Developed and submitted a paper to the NB sport and recreation policy renewal process committee including members from Tourism, Heritage & Culture, Sport NB, Recreation NB and the Union of NB Municipalities.
- Met with the Minister of Social Development, Minister responsible for families, to discuss our Transition NB program, the Para NB program and our proposed Access NB service.
- Issued a letter to all NB municipalities to request revision of parking bylaws to increase the fine for violations of accessible parking to \$172.50 per infraction to align with infractions under the Motor Vehicle Act. Response has been very positive and we are now working with Public Safety as a change is required to the Motor Vehicle Act to allow municipalities to issue fines greater than \$120.
- Met with the new Assistant Deputy Minister responsible for Social Development long-term care and seniors to discuss our services for seniors.
- Delivered an Accessible Canada consultation in Moncton as part of our participation in the Canadian Access and Inclusion project with SCI Canada. Seventeen (17) persons with a disability participated.
- Met with the Director of Strategic Planning with the Premier's office to discuss the Employment Action Plan for Persons with a Disability and priority actions for 2017-2018.
- Completed participation in the development of and participated in the launch of We're all in this together: An aging strategy for New Brunswick.
- Developed and submitted a series of recommendations on accessible transportation to the NB Rural and Urban Transportation strategy consultation process.
- Participated in the NB Family Plan summit on disability to provide input into actions related to the disability pillar.
- In partnership with the New Brunswick Disability Executives' Network (NBDEN):
 - Completed research and innovation projects to develop an internship program for persons with a disability and a job coach training program. Both reports and recommendations have been submitted to the Department of Post-Secondary Education, Training and Labour for review and decision on next steps.
 - Met with DPETL to discuss our research and innovation project recommendations (intern program and job coach initiative) and changes to the Student Employment Experience Development (SEED) program.

Staff 2016-2017

Executive Director Haley Flaro

Office Manager Cindy Comuzzi

Administrative
Assistant
Christel Harriott

Director of DevelopmentChristina Collins

Para NB Manager Mathieu Stever

Para NB Coordinator Wendy Scott

Rehabilitation Counsellors

Laura Andrea Liane Gould Cynthia Noble Laura Pyne Tammy Wright

Transition Planner
Team Lead
Rebecca Graham

Transition Planners
Nicole McCann
Carly Schofield

- Participated in a consultation with Social Development on the development of the selfmanaged care option for the Disability Support Program.
- o Met with the Deputy Minister of Social Development to discuss the new government deliverology initiative and how priorities will be determined.
- Met with the Director of Employment Programs, DPETL, for a consultation on the Student Employment Experience Development (SEED) program and potential changes to the Training & Employment Support Services (TESS) program.
- o Participated in a consultation on the Equal Employment Opportunity Program as part of the program renewal and improvement process.

2016-2017, Ability NB also continued or initiated involvement in the following committees or working groups:

- Central Community Inclusion Network
- Collaborative for Healthy Aging & Care
- Para Transit Transportation Committee
- Dieppe Accessibility Committee
- Department of Education and Early Childhood Development's Assistive Technology Working Group
- Disability Support Program Working Group Committee
- Employment Action Plan for Persons with a Disability DPETL Sub-Committee
- Fredericton Community Action Group on Homelessness
- Healthy Built Environment Working Group
- Moncton Accessibility Committee
- New Brunswick Disability Executives' Network
- Parks and Trails
- Physical Activity Working Group (PAWG)
- Recreation NB Inclusive Recreation Committee
- Réseau mieux-être Péninsule Acadienne
- Saint John Respite Committee
- Rural & Urban Transportation Committee Economic & Social Inclusion Corporation
- Social Development Disability Support Program Working Group
- Stan Cassidy Centre for Rehabilitation Research Team
- Sussex and Area Wellness Network
- Trail 150
- UNB Accessibility Committee
- Wellderness (Fall and Winter)



Enhancing Service Delivery

Enhancing our service delivery is paramount to our organizational work to empower persons with a mobility disability to be as independent as possible and participate fully in the community. In 2016-2017, we:

- Received 132 new referrals to our rehabilitation counselling services.
- Provided rehabilitation counselling services including one-on-one planning support to 267 persons with a mobility disability throughout NB:
 - 147 service participants were male and 120 service participants were female.
 - 216 service participants identified their primary language as English; 48 service participants identified their primary language as French and 3 service participants identified their primary language as Arabic.
 - Service participants resided in the following regions:
 - Region 1, Moncton area 83
 - Region 2, Sussex to St. Stephen including Saint John area –
 39
 - Region 3, Fredericton/Chipman/Woodstock area 100
 - Region 4, Edmundston area 5
 - Region 5, Campbellton area 7
 - Region 6, Bathurst/Peninsula area 22
 - Region 7, Miramichi area 11
 - Service participants identified with the following age categories:
 - Birth to 16 3
 - 17 to 19 2
 - 20 to 30 16
 - 31 to 40 38
 - 41 to 54 91
 - 55 to 64 61
 - **■** 65+ 56
 - The most common disability types among our service participants were multiple sclerosis, stroke, arthritis, cerebral palsy, paraplegia and tetraplegia.
- Facilitated the achievement of 1,281 service participant goals for enhanced independence, social and economic inclusion in the following areas:
 - o Income supports 340
 - Planning (e.g., develop plan, attain plan) 187
 - o Equipment, technology & supplies 175
 - o Health & wellness 146
 - o Home supports & other supports for independence 117
 - o Housing 102
 - Sport, recreation, active living & leisure 66

Our mission is to empower the independence and full community participation of persons who have a spinal cord injury or mobility disability by providing innovative services and developing progressive public policy.



Who we work with

Our priority is to reach out and work with New Brunswickers of all ages who have a spinal cord injury, or mobility disability, as well as their families and caregivers. The populations we work with include but are not limited to persons living with paraplegia, tetraplegia, cerebral palsy, spina bifida, multiple sclerosis, muscular dystrophy, amyotrophic lateral sclerosis, friedreich's ataxia, stroke and amputation.



Enhancing Service Delivery (continued)

- o Employment & volunteerism 28
- o Transportation 46
- o Family, social & peer supports 42
- o Education, skill development & literacy 18
- o Legal 12
- o Client identified issues 1
- Sexual health 1
- Received 30 new referrals to our transition planning services.
- Provided transition planning services including one-on-one planning support to 50 youth with a mobility disability throughout NB:
 - o 28 service participants were male and 22 service participants were female.
 - 39 service participants identified their primary language as English; 8 service participants identified their primary language as French and 3 service participants identified their primary language as Arabic.
 - Service participants resided in the following regions:
 - Region 1, Moncton area 16
 - Region 2, Sussex to St. Stephen including Saint John area 14
 - Region 3, Fredericton/Chipman/Woodstock area 18
 - Region 6, Bathurst/Peninsula area 1
 - Region 7, Miramichi area 1
 - o Service participants identified with the following age categories:
 - Birth to 16 3
 - 17 to 19 15
 - 20 to 30 29
 - 31 to 40 3
 - The most common disability types among our service participants were cerebral palsy, spina bifida, paraplegia and tetraplegia.
- Facilitated the achievement of 372 service participant goals for enhanced independence, social and economic inclusion in the following areas:
 - o Income supports 81
 - Education, skill development & literacy 55
 - Employment & volunteerism 38
 - o Planning (e.g., develop plan, attain plan) 35
 - Home supports & other supports for independence 34
 - Equipment, technology & supplies 32
 - o Housing 31
 - Sport, recreation, active living & leisure 23
 - o Health & wellness 20
 - o Transportation − 12
 - o Family, social & peer supports 7
 - o Legal 4
- Responded to 654 information and presentation requests from the general public through our Information Services (telephone, e-mail, social media mail).

Enhancing Service Delivery (continued)

- As host of Para NB Sport & Recreation program, we also achieved the following:
 - Partnered in the planning, delivery and/or promotion of 24 parallel sport and creative activities in partnership with sport clubs, schools and recreation organizations.
 - A total of 272 participants with a physical disability, 49 coaches, 204 volunteers and 55 occupational therapists or physiotherapists are registered with the program.
 - The adapted sport and recreation Equipment Loan Service has a total of 303 pieces of equipment.
 - There were 208 equipment loans. The most common types of equipment requested were hockey sledges, multisport wheelchairs, rugby wheelchairs and handcycles.
 - o Created and launched the new Para NB tagline "Everyone Plays!"
 - o Created and started distribution of new Para NB brochure.

Ensuring Organization Effectiveness & Sustainability

Ability NB believes in a strong, effective and vibrant organization. In 2016-2017 we:

- Participated in 1026.50 hours of staff professional development.
- Developed a new advocacy protocol.
- Developed a working alone policy.
- Developed a work from home policy.
- Delivered successful fundraising events including the 16th annual Feast in the Field and Anniversary Gala/Auction. Feast in the Field raised \$50,504.50 and the Anniversary Gala raised \$47,557.91.
- Secured the following new funding partnerships:
 - Greater Saint John Community Foundation; \$5,000 for core services.
 - o RBC Learn to Play; \$25,000 for the Para NB program.
 - Lawtons Home HealthCare; \$3,000 for the Para NB program.
 - Alcool NB Liquor; \$4,000 for core services.
 - Canadian Paralympic Committee; \$10,000 for Equipment Loan Services.
 - Fredericton Community Foundation; \$2,500 for youth rehabilitation counselling.
 - Greater Saint John Community Foundation; \$20,000 for the Para NB program.

Team Charter

Our values

We commit to our shared values of Ability,
Accountability,
Effectiveness,
Empowerment, Inclusion,
Leadership and Passion.

Our approach

We are compassionate and patient. We see the glass as half full. We are realistic and have vision. We develop goals and work to achieve them. We are creative, innovative, resourceful and solution focused. We constantly ask ourselves "how are we doing?" and "what can we do better?".

Communication

We know that good communication is as much about listening as talking. We communicate openly and honestly. We respect each other's skills, abilities, talents and differences. We build a safe, supportive, collaborative work environment where we encourage others and share knowledge and ideas. When we have a problem, we address it. We value a good sense of humour. We follow up and we keep our word.

Vision for success

We know we will be successful when we...empower, plan, evaluate, build partnerships, reach those who need our services, and influence public policy.

We do what it takes to make it happen.

Strengthening communications, and building awareness & visibility

Strengthening our communications, and building awareness and visibility are essential to ensure we reach the people who need our support and to help us build a vibrant base of volunteers, donors and supporters. In 2016-2017, we:

- Delivered successful fundraising and awareness events including the 16th annual Feast in the Field, and our Anniversary Gala/Auction.
- Participated in 15 media interviews on topics such as accessible transportation and parking, accessible housing, parallel sport and recreation, and our fundraising events.
- Received an average of 59,976 hits per month and 6,414 visits per month on our web site
 <u>www.ABILITYNB.ca</u>. Received an average of 21,327 hits per month and 1,152 visits per month on our
 web site <u>www.CAPACITENB.ca</u>.
- Received an average of 26,994 hits per month and 5,104 visits per month on our web site www.PARANB.ca.
- Engaged 3,259 followers on Twitter, 2,621 "likes" on our Facebook page, 3,424 "likes" on our Feast in the Field Facebook page, 503 "likes" on our Auction page and 9,296 views on our YouTube channel.
- Engaged 1,328 followers on the Para NB program Twitter, 2,366 "likes" on its Facebook page, and 38,319 views on its YouTube channel.



ABILITY NEW BRUNSWICK INC./CAPACITÉ NOUVEAU-BRUNSWICK INC.

STATEMENT OF OPERATIONS

FOR THE YEAR ENDED MARCH 31, 2017

		2017		2016
Revenue:				
Government grants:				
Federal	\$	8,497	\$	5,509
Provincial		703,733		512,053
Foundation and other grants		92,620		27,340
United Way		65,996		66,668
Fund development (note 9)		116,652		109,793
Miscellaneous cost recoveries	_	12,837		9,862
		1 000 225		721 225
Expenses:	-	1,000,335	_	731,225
Advertising and promotion		4,883		1,234
Amortization		51,727		43,955
Bank charges		1,680		1,242
Equipment lease		2,564		2,386
Equipment purchases		- 1		1,133
Fund development		60,193		31,028
Insurance		6,117		5,341
Materials		41,085		23,965
Miscellaneous		-		1,800
Office		4,441		3,466
Professional development		13,720		6,732
Professional fees		80,101		22,966
Rent and utilities		53,836		52,574
Travel and meetings		82,300		52,270
Wages and benefits	-	596,557		478,368
	_	999,204	_	728,460
Excess revenue	\$_	1,131	\$	2,765

Note: This statement is an excerpt from the full set of financial statements on which an audit report has been issued dated September 26, 2016 by Shannon & Buffett, LLP, Chartered Accountants.

Volunteer Corner

"How wonderful that no one need wait a single moment to improve the world." – Anne Frank

Volunteers are the cornerstone of our efforts. In 2016-2017, 145 volunteers contributed 1,095.25 hours in the following areas: Board of Directors, special events and projects, with the Para NB – Sport & Recreation program and in office support.

Our services

The sudden reality of a spinal cord injury or the onset of any mobility disability can be frightening and overwhelming. With determination and with the right supports, we can help people navigate the community in new ways, become as independent as possible, and rediscover all that life has to offer.



Rehabilitation counselling

Case management/ service coordination

Vocational/Employment

Peer Support

Community development & advocacy

Sport, recreation & active living

Information services

Follow us on:







Recognition Awards 2016-2017

Ability NB is pleased to present the following recognition awards for 2016-2017:

Volunteer Award of Excellence

Beth Wallace Carl Constantine

Ambassador of the Year

Garry Stokes Jeremy Murray Wilf Torunski

Para Sport & Recreation Award

Bernard Lapointe

Caring Community Partner Award

New Brunswick Community College

Caring Corporate Partner Award

Taylor Printing

Excellence in Leadership Award

Christina Collins

30 Years of Service Excellence

Cindy Comuzzi

10 Years of Service Excellence

Liane Gould

5 Years of Service Excellence

Laura Pyne

Thank you to our major financial supporters in 2016-2017

Accreon
Alcool NB Liquor
Bayshore Home Health
Bird Stairs
Canadian Community Foundations of Canada
Canadian Paralympic Committee
Covey Basics

Thank you to our major financial supporters in 2016-2017 (cont'd)

Cox & Palmer
Embracor
Enbridge Gas New Brunswick
F6 Networks

Fox Automotive Inc.

Government of Canada

Greater Saint John Community Foundation

Harvey Station Lions Club

Howell Ventures Ltd.

Independent Order of Odd Fellows, Victoria Lodge, No. 12

Irving Oil Ltd.

Kinsmen Club of Miramichi

K-Line Construction

Knights of Columbus

Lawton's Home HealthCare

New Brunswick Community College

New Brunswick Curling Association

NB Department of Education & Early Childhood Development
NB Department of Health

NB Department of Post-Secondary Education, Training & Labour

NB Department of Social Development

NB Emergency Medical Services

Occupational Concepts

Pick n' Chews

RJ Bartlett Engineering

Royal Bank of Canada

Rotary Club of Campbellton

Rotary Club of Sackville

Royal Canadian Legion Gladstone

Royal Canadian Legion Norton

Royal Canadian Legion Richibucto

Stantec Consulting Ltd.

United Way/Centraide (Central N.B.)

United Way Centraide Greater Moncton and Southeastern NB UPS Canada

Seniors

Through our services for seniors age 55+ who have a mobility disability, as well as their families, caregivers and service providers. A mobility disability is any condition that affects the ability to move such as paraplegia, tetraplegia, cerebral palsy, spina bifida, multiple sclerosis, muscular dystrophy, amyotrophic lateral sclerosis (ALS), stroke amputation, arthritis, or age-related conditions.

History

Our roots come from the Canadian Paraplegic Association (CPA). The CPA was founded in 1945 by John Counsell - who was injured by a bullet to the spine. Counsell and other WWII veterans with spinal cord injuries were determined not to spend their life in hospital. Their efforts resulted in improved medical and rehabilitation services, better pensions and increased awareness of their abilities and potential.

In 1952, the Atlantic
Division was created and it
eventually grew into four
organizations. The CPA NB
was formed in 1956 and
incorporated in 1990. In
2011, we changed our name
and rebranded to Ability NB
to better reflect the people
we represent. Ability NB is
an autonomous,
community-based, provincial
non-profit organization
governed by a volunteer
Board of Directors.

Thank you to our major in-kind supporters in 2016-2017

Abbey Glenn Riverfront Bed & Breakfast

Aitkens Pewter Alex Green/PSAV Amélie Archer

Amsterdam Inn & Suites Andrea Mulder-Slater

Angel Terry Bearlooms

Blakely Language Services

Boyd Maillet Brewbakers Carol Randall Capital Theatre [catch] Urban Grill

Chess Piece Patisserie & Café

Chris Doiron Chris MacClure Churchill Dauphinee Cinnamon Café

City of Fredericton Tourism

Clay Café

Clay Design Inc.

Clinic D. Bruce Clavette Courtney Keenan

Crowne Plaza Fredericton
Dancing Rabbit Press

Debra Landers

Donate-A-Car Canada Donna Mulholland Doreen Boudreau

Ed Zammit

Edible Arrangements

Four Points Hotel by Sheraton Moncton

Fredericton Indoor Pool

Geoff Slater

George Woodworth Ghulam Mustafa Guy Vézina

Harvest Jazz & Blues Festival

Hidden House Pottery Hoyt's Moving and Storage

I'm Here & I'm Hungry Baked Goods

Isaac's Way Restaurant

James Joyce Pub

Jante Blockhuis Mulder Kent Buildings Supplies Kiers Marketing Group King Street Ale House

Kings Landing Historical Settlement

Kirkwood Diamond Canada

Kitchen Fashions Kris LeBlanc Krista Tousenard Lawanda Thompson Lindsay MacKay

Liquid Gold Oils & Vinegar

Lloyd Fitzgerald

Magic Mountain Water Park

Magzy's Kettle Korn Marc Theriault Mariah Ellis Marilyn Hurst Maritime Fun Maryse Bourgeois Mayday Group

McClelland Premium Imports

Mer et Soleil

Millar Motors (1996) Ltd. MoCo Kitchen Downtown MoCo Kitchen at Mactaquac Moosehead Breweries

Newcap Radio Ottawa Senators

Pat Guest

Picaroons Traditional Ales Quoddy Link Marine

Ray Haines & Glen Cunningham Route 102 Handmade Goods Richibucto River Wine Estates

S. Sadiq Ali

SAMEASFOREVER Samosa Delite Sandi McKessock Shediac Bay Cruises

Shining Water Family Fun Park

Sleeman Breweries

Sodexo Canada/UNB Sorella Hair Salon Spa

Stephen MacGillivray

Photography Stewart Kenney Storeytown Cottages

Tanya Smith

Tasha MacDougall Taylor Printing The Abbey Café The Daily Gleaner The Lunar Rogue Pub

The Palate
The Playhouse
Vaughn McManus

Whitney Coffee Company

Wilf Torunski Wine Kitz

Woodworth Woodworking